

Saliva Collection Instructions

PLEASE READ INSTRUCTIONS THOROUGHLY BEFORE COLLECTING THE SAMPLE

Things to know before collecting sample

- For at least 30 minutes prior to sampling avoid: eating, drinking, teeth cleaning, smoking, nasal sprays, chewing gum, etc.
- **Saliva should be gently expelled from the mouth into the collection tube, this is not 'spitting', it is 'drooling' or 'dribbling'**
- Coughing or spitting to generate saliva should be avoided. Only collect the saliva that naturally pools in the oral cavity and avoid collecting 'sputum' or 'mucus'
- **Saliva samples can be collected any day of the week, but only returned to the lab Mondays, Tuesdays, or Wednesdays**
- Samples that are not shipped immediately must be refrigerated
- **A minimum of 2mL saliva collection is required**

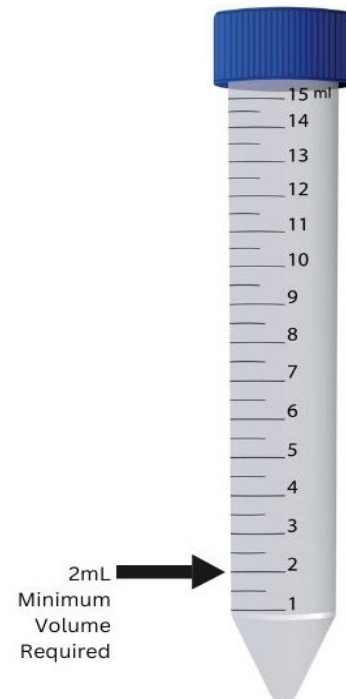
Saliva Collection Kit Contents

- 15mL Collection Tube
- Parafilm
- Biohazard Bag with Absorbent Materials
- UN3373 labeled Saliva Collection box
- UPS Laboratory Pak UN3373 Category B
- UPS 2 Day Return Shipping Label
- Instruction Packet with Intake Paperwork

Please contact us at any time if you are unclear regarding the instructions

Collection Instructions

1. Fill out the Intake Paperwork.
2. Write your name on the tube and the biohazard bag in permanent ink.
3. Keep the tube closed until you are ready to deposit the sample inside.
4. When you are ready to collect your sample, allow the saliva to begin pooling in your mouth.
5. Saliva should be gently expelled from the mouth into the collection tube. It is not forceful spitting, rather it is 'drooling' or 'dribbling' into the collection tube.
6. Replace the cap of the tube in between the saliva deposits.
7. Continue the collection process until at least 2mL of saliva is collected. Air/bubbles do not count towards the total volume
8. Secure the lid of the tube and seal it by stretching the parafilm strips around the lid. The parafilm is located inside of the pocket on the side of the biohazard bag. You will need to peel the plastic parafilm from the paper backing.
9. Place the tube inside of the biohazard bag.
10. Disregard the white sheets inside of the biohazard bag, these are absorbent materials in case of leakage.
11. Please **REFRIGERATE** the sample until shipment. **Return samples Monday, Tuesday, Wednesday only.**



Packaging and Shipping Instructions

1. Fill in the bottom of shipping label (name and phone number) and place in box.
2. Put the biohazard bag containing the sample and the completed Saliva Specimen Intake Protocol inside of the UN3373 box. This is the same box the kit came in.
3. Attach the shipping label onto the UPS Lab Pak, put the box inside of the UPS Lab Pak, and seal.
4. Go to UPS.com to find a drop-off location near you.



Saliva Specimen Intake Protocol

DNA ConneXions
4685 Centennial Blvd
Colorado Springs, CO 80919
(888) 843-5832
www.dnaconnexions.com
info@dnaconnexions.com

Provider Name: _____

Address: _____

Provider Phone Number: _____

Provider Email: _____

Client Name: _____

Date of Birth: _____

Contact Email: _____

Contact Phone Number: _____

Mailing Address: _____

City: _____

State: _____ Zip Code: _____

Collection Date: _____

Comprehensive Oral Panel	\$480	
Rush Fee (optional)	\$99*	Total: \$ _____

Payment Options:

- Online: <https://dnaconnexions.com/product/comp-oral-test/> (under order option select 'Return Sample')

Transaction ID: _____ / Order No.: _____ / Invoice No.: _____

- Call DNA ConneXions at (888) 843-5832, option 1

- Credit Card: DNA ConneXions will not store your credit card information

Card Type (circle one): Visa M/C Amex Disc

Card Holder Name (as it appears on card): _____

Card number: _____

Exp. Date: _____

CVC: _____

Card Holder's Billing Address: _____

***Standard reporting generally takes 10 business days depending on the number of samples received. Rush fee results are typically available within 5 business days from the received date.**

DNA ConneXions Disclaimer

Upon submission of sample(s) to DNA ConneXions, I acknowledge that DNA ConneXions cannot provide a diagnosis for disease and/or subsequent treatment. These results are from DNA PCR testing and indicate the presence of targeted foreign DNA. This information alone should not be used to diagnose or treat a health problem or disease. All reported results are intended for a consultation with a qualified health care provider for interpretation, diagnosis and treatment.